



Ohio Institute of Allied Health

School of Integrative Healthcare

School Catalog Addendum

Practical Nursing Diploma
Program (PN)



Once you're in healthcare, you're always in demand!

Main Campus: 6245 Old Troy Pike, Huber Heights, Ohio 45424

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GENERAL PROGRAM INFORMATION

GENERAL PROGRAM INFORMATION

Program Name :	Practical Nursing Diploma (PN)
Credential Awarded :	Diploma
Program Length :	15 months (60 weeks instructional length)
Delivery Format :	On Campus

NURSING EDUCATION DEPARTMENT MISSION STATEMENT

The mission of the Nursing Education Department is to prepare competent, ethical, and practice-ready nurses who provide safe, evidence-based care within structured healthcare environments. The department is committed to developing graduates who demonstrate sound clinical judgment, professional accountability, and technical proficiency in accordance with the Ohio Nurse Practice Act and established standards of nursing practice.

Through rigorous and engaging instruction, supervised clinical experience, and measurable learning outcomes, the program prepares graduates to meet the healthcare needs of individuals, families, and communities across the lifespan. Nursing education within the department recognizes the biological, psychological, social, and spiritual dimensions of patient care while maintaining a primary focus on safety, clinical competence, and responsible professional practice.

The department promotes lifelong learning, respect for human dignity, and continuous improvement to support graduates who contribute to high-quality healthcare and improved patient outcomes.

NURSING EDUCATION DEPARTMENT GOVERNING VALUES

The following values govern the nursing education practice within the Nursing Education Department at the Ohio Institute of Allied Health. As such, faculty and nursing administration ensure that these values are integrated into the fabric of the curriculum taught, the standards that the students are held to, and the value structure by which these future nurses use to base their nursing career upon.

1. **Patient Safety:** The protection of patients from preventable harm is fundamental. All curricular and clinical decisions prioritize risk reduction, medication safety, infection control, and systems awareness.
2. **Evidence-Based Practice:** Clinical and educational practices are grounded in current research, professional standards, regulatory requirements, and quality science.
3. **Clinical Judgment Development:** Curriculum design, simulation, and assessment are structured to develop clinical reasoning consistent with the NCSBN Clinical Judgment Measurement Model and national licensure expectations.
4. **Professional Accountability:** Faculty and students uphold ethical conduct, integrity, transparency, and responsibility in accordance with state law and professional codes of ethics.
5. **Respect for Human Dignity:** Care is delivered with cultural humility and sensitivity to biological, psychological, social, and spiritual dimensions of individuals and communities.

6. **Regulatory Compliance and Transparency:** The department operates in strict alignment with the Ohio Nurse Practice Act, state board regulations, and accreditation standards, applying policies consistently and equitably.
7. **Excellence Through Continuous Quality Improvement:** Program evaluation is data-driven, systematic, and cyclical. Outcomes are continuously analyzed to improve student performance, licensure success, and graduate readiness.

NURSING EDUCATION DEPARTMENT PHILOSOPHICAL FRAMEWORK

The OIAH Practical Nursing Diploma Program (PN) is grounded in the belief that nursing is a practice discipline dedicated to providing safe, ethical, evidence-based, and patient-centered care. Nursing education prepares students to apply scientific knowledge, clinical judgment, and professional accountability in accordance with the Ohio Nurse Practice Act and established standards of professional nursing practice.

The department affirms that professional nursing practice integrates scientific knowledge, clinical judgment, technical skill, and ethical responsibility in caring for individuals, families, and communities. Nurses draw upon knowledge from the biological and behavioral sciences while recognizing the psychological, social, cultural, and spiritual dimensions of health. Through this integrated perspective, nurses promote health, prevent illness, restore function, and support individuals across the lifespan.

Contemporary nursing practice requires the ability to recognize clinical cues, analyze patient information, prioritize care needs, implement appropriate nursing interventions, and evaluate patient outcomes. The educational process, therefore, emphasizes the development of clinical judgment and decision-making skills necessary for safe and effective nursing practice in dynamic healthcare environments.

Nurses function within complex healthcare systems and collaborate with interdisciplinary teams to deliver coordinated, safe, and effective care. Graduates are expected to practice within defined scopes of practice, communicate effectively, and demonstrate responsibility for the outcomes of nursing care.

Education within the department is outcome-driven, emphasizing measurable student learning, data-informed program evaluation, and continuous quality improvement. The program is committed to preparing graduates who are eligible for licensure and capable of entering professional nursing practice with the competence, judgment, and integrity required to promote high-quality patient care.

The Nursing Education Department is committed to maintaining a culture of accountability and continuous improvement. Program effectiveness is evaluated through systematic analysis of student learning outcomes, licensure examination performance, completion rates, and employer feedback. Data derived from these measures are used to guide curriculum development, instructional strategies, and program improvements to ensure that graduates are prepared to provide safe, competent nursing care and to successfully meet licensure requirements.

PN PROGRAM OBJECTIVES

1. Provide safe, competent nursing care to stable and predictable clients within the LPN scope of practice as defined by the Ohio Nurse Practice Act.
2. Apply the nursing process to contribute to assessment, planning, implementation and evaluation of nursing care under appropriate supervision.
3. Demonstrate developing clinical judgment by recognizing, reporting, and responding to changes in client condition.
4. Administer medications and treatments safely using evidence-based standards and established safety protocols.
5. Collaborate effectively within structured healthcare environments as a contributing member of the interdisciplinary team.
6. Communicate clearly and professionally with clients, families, and healthcare team members.
7. Practice with legal accountability, ethical integrity, and professional responsibility.
8. Utilize healthcare technology and informatics systems to support documentation, medication safety, and patient monitoring.
9. Achieve program benchmarks predictive of NCLEX-PN success and meet eligibility requirements for licensure.

PN PROGRAM LEARNING OUTCOMES

1. **Clinical Judgment & Nursing Process** – Apply the nursing process and principles of clinical judgment to provide holistic, client-centered care across the lifespan
2. **Safe & Competent Care Delivery** - Provide safe, effective nursing care that promotes physiological integrity, prevents complications, and supports homeostasis within the scope of practice of the Licensed Practical Nurse.
3. **Technical & Medication Competency** - Demonstrate competency in assessment, medication calculation and administration, IV therapy, infection prevention, and performance of essential nursing skills in accordance with regulatory standards.
4. **Professionalism, Ethics, & Collaboration** – Exhibit professional behaviors consistent with the role of the Licensed Practical Nurse, including ethical practice, therapeutic communication, delegation, leadership principles, and interdisciplinary collaboration.
5. **Documentation & Informatics** - Accurately document nursing care and utilize health information technologies to support safe, legal, and effective client care.
6. **Quality Improvement & Evidence-Based Practice** - Integrate evidence-based practice and quality improvement principles to enhance client outcomes, reduce risk, and support continuous improvement in healthcare delivery.
7. **Health Promotion & Population Health** - Promote health, prevent disease, and address social determinants of health through culturally competent care, client education, and community-focused nursing practice.



CURRICULUM INFORMATION

COURSE SEQUENCING

Course		Prerequisites	Credit Hours	Theory/Lab/Clinical Hours
1 st Quarter				
ALH 110	Your OIAH Success Toolkit	Program Admission	1	10 Theory
ALH 111	Strategies for Academic Success	Program Admission	1	10 Theory
BIO 110	General Biology	Program Admission	4	30 Theory/20 Lab
HOL 110	Holistic Foundations: Historical Survey	Program Admission	2	20 Theory
NRS 110	Medical Terminology	Program Admission	2	20 Theory
NRS 111	Dosage Calculation	Program Admission	3.5	35 Theory
2 nd Quarter				
ALH 120	Informatics in Nursing	Program Admission	2	20 Theory
BIO 120	Anatomy and Physiology I	BIO 110	3	20 Theory/20 Lab
ENG 120	Basic Composition	Program Admission	2	20 Theory
NRS 120	Practical Nursing Foundations	NRS 110, NRS 111	5.5	40 Theory/30 Lab
NRS 121	Pharmacology I	NRS 110, NRS 111	3	30 Theory
3 rd Quarter				
BIO 130	Anatomy and Physiology II	BIO 110, BIO 120	3	20 Theory/20 Lab
COM 130	Professional Communication	Program Admission	2	20 Theory
HOL 130	Therapeutic Herbology	Program Admission	1	10 Theory
NRS 130	Medical-Surgical Nursing I	NRS 110, NRS 111, NRS 120, NRS 121	6	40 Theory/20 Lab/ 30 Clinical
NRS 131	Pharmacology II	NRS 110, NRS 111, NRS 120, NRS 121	3	30 Theory
4 th Quarter				
HOL 140	Holistic Interventions	Program Admission	2	20 Theory
NRS 140	Medical-Surgical Nursing II	NRS 110, NRS 111, NRS 120, NRS 121, NRS 130, NRS 131	7	40 Theory/20 Lab/ 60 Clinical
NRS 141	IV Therapy Competency	NRS 110, NRS 111, NRS 120, NRS 121, NRS 130, NRS 131	2	10 Theory/10 Lab/ 15 Clinical
NRS 142	Mental Health Nursing	NRS 110, NRS 111, NRS 120, NRS 121, NRS 130, NRS 131	4	30 Theory/30 Clinical
5 th Quarter				
NRS 150	Obstetric & Pediatric Nursing	NRS 110, NRS 111, NRS 120, NRS 121, NRS 130, NRS 131, NRS 140, NRS 141, NRS 142	6	30 Theory/20 Lab/ 60 Clinical
NRS 151	Nursing Management and Transition to Practice	NRS 110, NRS 111, NRS 120, NRS 121, NRS 130, NRS 131, NRS 140, NRS 141, NRS 142	4	40 Theory
NRS 152	Medical Law & Ethics	Program Admission	2	20 Theory
PSY 150	General Psychology	Program Admission	3	30 Theory
Total Credit Hours and Theory/Lab/Clinical Hours			74	595 Theory/160 Lab/ 195 Clinical

COURSE DESCRIPTIONS

ALH 110 Your OIAH Success Toolkit

10 theory hours / 1 credit hour

Course Description: This course orients the incoming student to Ohio Institute of Allied Health's policies, resources, and expectations for professional nursing education. Students will navigate the Student Handbook to identify institutional support resources, academic policies, and progression requirements. Emphasis is placed on professional written communication, academic integrity, testing conduct, and civility within the classroom and program setting. Students will also be introduced to ATI readiness and remediation resources to support early academic success. The course culminates in the development of a Personal Success Plan that synthesizes policy literacy, communication, and readiness behaviors.

Learning Outcomes: 1) Navigate the OIAH Student Handbook to identify key institutional policies, support services, and academic resources. (PLO 4). 2) Demonstrate professional written communication appropriate for academic and clinical settings. (PLO 4). 3) Explain academic integrity, testing conduct, and civility expectations within the nursing program. (PLO 4). 4) Identify reporting and resolution pathways for student concerns, grievances, and incident reporting. (PLO 4). 5) Describe the purpose of ATI testing and remediation resources in supporting program progression. (PLO 6). 6) Develop a Personal Success Plan integrating time management, professionalism, and readiness strategies to support program success. (PLO 4).

ALH 111 Strategies for Academic Success

10 theory hours / 1 credit hour

Course Description: This course prepares the incoming student for the challenges of healthcare education through the introduction of basic study skills, test-taking strategies, and time management techniques.

Learning Outcomes: 1) Demonstrate utilization of basic study skills. 2) Identify test-taking strategies for various assessment formats. 3) Create a time management plan to support student success.

ALH 120 Informatics in Nursing

20 theory hours / 2 credit hours

Course Description: This course introduces current technology routinely utilized in patient care settings and learning environments. The course discusses charting in the electronic health record and maintenance of client confidentiality. Students will explore potential ethical and legal issues associated with use of technology in health care.

Learning Outcomes: 1) Identify various types of hardware, software, and interface technologies associated with healthcare informatics. 2) Describe technology-based allied health applications in hospitals, community health agencies, education, and research-based activities. 3) Discuss ethical and legal considerations related to proprietary software, data security, information privacy, and confidentiality while providing direct patient care activities. 4) Discuss the importance of lifelong learning as it relates to the challenges of implementing, operating, and upgrading health management information systems.

ALH 150 Medical Law & Ethics

20 theory hours / 2 credit hours

Course Description: This course highlights legal considerations for professional practice in the

changing healthcare environment. The course reviews the role of ethics in clinical judgment and decision-making. Students will explore the importance and implications of consistent positive and professional interdisciplinary interaction and communication.

Learning Outcomes: 1) Identify and describe ethical principles and potential violations that can occur in the process of providing health care services. 2) Define the legal aspects of healthcare provider-client, healthcare provider-physician, and healthcare provider-employer relationships. 3) Describe the basic components of professional, legal documentation within the medical record.

BIO 110 General Biology

30 theory hours / 20 lab hours / 4 credit hours

Course Description: This course introduces components of the biological and physiological domains that impact the overall perception of wellness. The course explores principles of biology, microbiology, chemistry, physics, and nutrition. Students will learn laboratory safety and basic scientific techniques.

Learning Outcomes: 1) Describe the human body as an integrated series of sophisticated systems that sustain life as a result of continual balance among internal, environmental, psychological, and spiritual domains. 2) Identify and describe the base components and respective properties of the organic elements. 3) Identify the core components of the human body at the cellular level necessary to promote and sustain life. 4) Define microbiology and identify elements that promote or inhibit growth of pathogenic microbes and normal flora. 5) Describe the application of the environmental principles impacting the health of individuals and communities.

BIO 120 Anatomy and Physiology I

20 theory hours / 20 lab hours / 3 credit hours

Course Description: This course introduces the structure and function of major human body systems. The course will discuss the relationship of individual body systems to the overall perception of wellness. Students will visualize major anatomical structures and develop an understanding of integrative function.

Learning Outcomes: 1) Use scientific terminology to identify and describe the locations of gross anatomical structures. 2) Describe the interrelationship of each body system to promote homeostasis. 3) Identify causes and effects of homeostatic imbalances.

BIO 130 Anatomy and Physiology II

20 theory hours / 20 lab hours / 3 credit hours

Course Description: This course introduces the structure and function of major human body systems. The course will discuss the relationship of individual body systems to the overall perception of wellness. Students will visualize major anatomical structures and develop an understanding of integrative function.

Learning Outcomes: 1) Use scientific terminology to identify and describe the locations of gross anatomical structures. 2) Describe the interrelationship of each body system to promote homeostasis. 3) Identify causes and effects of homeostatic imbalances.

COM 130 Professional Communication

20 theory hours / 2 credit hours

Course Description: This course reviews basic competencies for communication in nursing and introduces advanced therapeutic communication principles. The course explores providing and

accepting feedback, requesting support, navigating difficult conversations, and confronting incivility. Students will develop the skills necessary to support clients and facilitate interdisciplinary collaboration.

Learning Outcomes: 1) Identify the function of interpersonal communication in nursing. 2) Distinguish between assertive, passive, and aggressive communication. 3) List characteristics of a successful, therapeutic nurse-client relationship. 4) Describe the characteristics of interprofessional collaborative practice. 5) Implement therapeutic communication skills in professional relationships. 6) Describe the process of providing and receiving effective, constructive feedback. 7) Apply communication techniques to improve the care of clients from diverse cultures. 8) Discuss practical strategies to convey and sustain caring in digital communication. 9) Practice caring communication with clients exhibiting challenging behaviors. 10) Identify strategies to confront and resolve incivility in the professional environment.

ENG 120 Basic Composition

20 theory hours / 2 credit hours

Course Description: This course reviews the rules and conventions of writing including grammar, sentence structure, paragraph development, and essay construction. The course prepares students to read critically, summarize, analyze, and interpret texts. Students will identify and appraise information sources and learn to format writing in the current edition of APA style.

Learning Outcomes: 1) Recognize the nature and uses of language considering audience and purpose. 2) Compose written works demonstrating an understanding of grammar and syntax. 3) Identify credible sources of information to support an argument. 4) Construct a strong thesis statement presenting an assertion. 5) Develop an evidence-based argument using ethos, logos, and pathos. 6) Critically appraise written works to determine reliability and validity. 7) Format documents using the most current edition of APA style.

HOL 110 Holistic Foundations: Historical Survey

20 theory hours / 2 credit hours

Course Description: This course focuses on the historical development of integrative approaches to healing and healthcare. Integrative medicine promotes an expanded view of healing by combining both conventional and complementary methods of diagnosis and treatment to enhance the healing process and promote overall well-being. The course explores the history of holism and integrative approaches.

Learning Outcomes: 1) Describe the historical development of holistic medicine. 2) Identify holistic approaches and systems for integrative client care. 3) Compare the holistic/integrative approach to meeting healthcare needs with the traditional medical model.

HOL 130 Therapeutic Herbology

10 theory hours / 1 credit hour

Course Description: This course explores complementary and alternative approaches to promote, maintain, and restore health balance using herbal medicine. Students will learn how to complete a holistic assessment and identify potential indications and contraindications for herbal therapy. Students will explore the possible interactions associated with coadministration of herbal therapies and modern medicines.

Learning Outcomes: 1) State the general guidelines for the safe administration of herbal therapies. 2) Perform a holistic assessment to promote, maintain, and restore health balance. 3)

Recognize indications and contraindications for common herbal remedies. 4) Discuss possible interactions associated with coadministration of herbal therapies and modern medicines.

HOL 140 Holistic Interventions

20 theory hours / 2 credit hours

Course Description: This course provides a theoretical overview of holistic interventions. The course explores how integrative nursing practice supports the implementation of holistic modalities in the care of diverse client populations throughout the lifespan.

Learning Outcomes: 1) Describe common holistic interventions used in nursing practice. 2) Identify indications and contraindications for holistic modalities for various client populations. 3) Explain how exercise and mindful movement interventions are part of an integrative approach to support healing of the whole person - body, mind, spirit, and environment. 4) Identify ways to enhance the nursing process through holistic ways of thinking and being. 5) Explore holistic interventions that reflect cultural competence.

NRS 110 Medical Terminology

20 theory hours / 2 credit hours

Course Description: This course introduces basic medical terminology and the central functions of the electronic health record. Students learn to recognize the parts of medical terms that can assist in identifying meanings and definitions. Students discuss the components of a medical chart and practice introductory charting.

Learning Outcomes: 1) Recognize common medical terminology prefixes and suffixes. 2) Identify medical terms by recognizing root words. 3) List approved abbreviations for common medical terms. 4) Identify the components of a patient health record. 5) Perform accurate charting within the paper and electronic health record.

NRS 111 Dosage Calculation

35 theory hours / 3.5 credit hours

Course Description: This course identifies and reviews the mathematical principles and computations essential to medication administration. Students will explore practical measures to safely deliver ordered medications to clients across the lifespan.

Learning Outcomes: 1) Articulate the importance of accurate math calculations to the practice of nursing and safe medication administration. 2) Perform basic mathematical computations that involve fractions, decimals, ratios, proportions, and simple equations. 3) Utilize the metric and household systems of measurement in medication administration. 4) Identify the components of medication labels to accurately determine the name, form, and strength of medications. 5) Determine the safe and therapeutic dose of ordered medications for clients across the lifespan.

NRS 120 Practical Nursing Foundations

40 theory hours / 30 lab hours / 5.5 credit hours

Course Description: This course introduces beginning knowledge and skills that serve as the foundation for a career in nursing. The course implements the holistic human functioning patterns to organize nursing problems and traditional interventions. Students will learn complementary and alternative approaches to support the holistic health and wellness of various client populations. Students will learn and perform basic patient care skills including the collection of objective and subjective data, implementation of nursing interventions, and contribution to the nursing plan of care.

Learning Outcomes: 1) Identify and describe five core values of holistic nursing practice. (PLO 1). 2) Verbalize the components of the nursing process and the role of the practical nurse in meeting the spiritual, biological, psychological, and sociological needs of clients. (PLO 1). 3) Discuss the contribution of the practical nurse in promoting and maintaining a safe and effective care environment, including coordination of care and injury prevention activities. (PLO 1, PLO 2, PLO 3, PLO 4). 4) Explain the scope of practice of the practical nurse within the healthcare environment. (PLO 3, PLO 4). 5) Identify basic nursing problems and potential holistic interventions associated with the feeling (comfort), moving (activity and rest), and exchanging (nutrition, elimination, tissue integrity) holistic human functioning patterns. (PLO 2, PLO 3).

NRS 121 Pharmacology I

30 theory hours / 3 credit hours

Course Description: This course prepares practical nurses to safely deliver ordered medications. The course uses a prototype model to assist the learner with identification of drug class actions, indications, adverse effects, precautions, contraindications, interactions, and nursing considerations.

Learning Outcomes: 1) Demonstrate understanding of pharmacokinetic and pharmacodynamic principles. 2) Identify the actions, indications, adverse effects, precautions, contraindications, and interactions of a prototype from each of the main drug categories. 3) Identify nursing considerations and relevant holistic interventions relevant to major medication classifications.

NRS 130 Medical-Surgical Nursing I

40 theory hours / 20 lab hours / 30 clinical hours / 6 credit hours

Course Description: This course explores chronic health alterations in adult and geriatric populations. The course emphasizes cultural competence and increases awareness of health disparities. Students will practice provision of safe, competent nursing care and perform basic nursing skills.

Learning Outcomes: 1) Identify guiding principles for prioritization, delegation, and decision-making by the licensed practical nurse. (PLO 2, PLO 3, PLO 4). 2) Explain the role of the licensed practical nurse in systematic observation and data collection to support the nursing assessment. (PLO 1, PLO 2, PLO 5). 3) Describe the pathophysiology, etiology, and clinical manifestations of chronic alterations affecting various human body systems. (PLO 1). 4) List common treatment approaches utilized to support chronic alterations in adult and geriatric populations. (PLO 2, PLO 3, PLO 4). 5) Determine nursing interventions the licensed practical nurse may implement when providing holistic nursing care for common alterations in adult physiological integrity. (PLO 1, PLO 2). 6) Verbalize nursing considerations in providing holistic care for diverse client populations. (PLO 1, PLO 2, PLO 4). 7) Differentiate between adaptive and maladaptive responses to alterations in the perceived balance of the mind-body-spirit-social connection. (PLO 1).

NRS 131 Pharmacology II

30 theory hours / 3 credit hours

Course Description: This course prepares practical nurses to safely deliver ordered medications. The course uses a prototype model to assist the learner with identification of drug class actions, indications, adverse effects, precautions, contraindications, interactions, and nursing considerations.

Learning Outcomes: 1) Demonstrate understanding of pharmacokinetic and pharmacodynamic principles. 2) Identify the actions, indications, adverse effects, precautions, contraindications, and interactions of a prototype from each of the main drug categories. 3) Identify nursing considerations and relevant holistic interventions relevant to major medication classifications.

NRS 140 Medical-Surgical Nursing II

40 theory hours / 20 lab hours / 60 clinical hours / 7 credit hours

Course Description: This course explores acute health alterations in adult and geriatric populations. Students will focus on assisting clients to maintain or restore perceived wellness within the mind-body-spirit connection. The course introduces grief, death and dying, palliative support, and postmortem care.

Learning Outcomes: 1) Explain the role of the licensed practical nurse in appropriate prioritization, delegation, and decision-making. (PLO 2, PLO 3, PLO 4). 2) Analyze clinical manifestations of disease as evidenced by observation and data collection. (PLO 1, PLO 2, PLO 5). 3) Describe the pathophysiology, etiology, and clinical manifestations of acute and emergent alterations affecting various human body systems. (PLO 1). 4) List common treatment approaches utilized to support acute and emergent alterations in adult and geriatric populations. (PLO 2, PLO 3, PLO 4). 5) Prioritize nursing interventions for clients experiencing alterations in adult physiological integrity. (PLO 1, PLO 2). 6) Describe the importance of cultural competence in nursing care of diverse client populations. (PLO 1, PLO 2, PLO 4). 7) Define end-of-life nursing care and describe nursing interventions to promote a peaceful death. (PLO 1, PLO 2). 8) Explain the use of the nursing process to identify problems and select holistic interventions for clients experiencing alterations in the mind-body-spirit-social connection to maintain or restore wellness.

NRS 141 IV Therapy Competency

10 theory hours / 10 lab hours / 15 clinical hours / 3 credit hours

Course Description: This course explores concepts central to intravenous therapy including fluid and electrolyte imbalances, initiation, management, and discontinuation of intravenous lines, and monitoring of client response to therapy. The course reviews the regulations governing intravenous therapy administration and management in the State of Ohio.

Learning Outcomes: 1) Define infusion-related professional practice terminology. 2) Identify methods used to assess competency. 3) Apply the nursing process to infusion practice. 4) Define terminology related to the immune system, infections and infection prevention, and occupational hazards. 5) Identify the importance of aseptic techniques in reducing infection risk. 6) Discuss the importance of safe practices in relation to needlestick injury. 7) Define the terminology related to fluids and electrolytes. 8) Define terminology related to and differentiate between parenteral fluids. 9) Identify the three main types of intravenous catheters. 10) Discuss the importance of skin preparation and adherence to aseptic technique in reducing the risk for infection. 11) Discuss evidence-based practices related to care and maintenance of venous access. 12) Define terms related to the complications of vascular access devices. 13) Define terminology related to infusion medication methods and routes.

NRS 142 Mental Health Nursing

30 theory hours / 30 clinical hours / 4 credit hours

Course Description: This course introduces nursing care of clients across the lifespan in community health and acute care settings. Students explore concepts of normal physiological and psychological growth and development. The course acquaints students with maternal-newborn, pediatric, and mental health nursing care concepts. Students gather objective and subjective data to support the nursing assessment and implement ordered interventions.

Learning Outcomes: 1) Describe the physical, psychological, spiritual, and socio-cultural changes that occur throughout the life continuum. 2) Identify key interview questions to collect data in the biological, psychological, sociological, and spiritual domains to provide holistic nursing care for individuals and families. 3) Identify community resources to promote health for clients and self. 4) Implement effective teaching strategies for routine client interactions concerning health promotion. 5) Explain the legal responsibility of the PN in reporting suspected child/elder abuse and /or impaired care providers. 6) Integrate the nursing process in the safe delivery of holistic care for individual clients across the life span and/or within the family unit. 7) Demonstrate the ability to perform complex nursing procedures and holistic interventions with increasing independence and judgment. 8) Consistently demonstrate professional behavior as a member of the health care team and student. 9) Utilize effective communication techniques to assess the perceived balance of health for select individuals and to provide health promotion teaching. 10) Apply the nursing process to provide preventive health service for a population in the community setting.

NRS 150 Obstetric and Pediatric Nursing

30 theory hours / 20 lab hours / 60 clinical hours / 6 credit hours

Course Description: This course introduces nursing care of clients across the lifespan in community health and acute care settings. Students explore concepts of normal physiological and psychological growth and development. The course acquaints students with maternal-newborn, pediatric, and mental health nursing care concepts. Students gather objective and subjective data to support the nursing assessment and implement ordered interventions.

Learning Outcomes: 1) Describe the physical, psychological, spiritual, and socio-cultural changes that occur throughout the life continuum. 2) Identify key interview questions to collect data in the biological, psychological, sociological, and spiritual domains to provide holistic nursing care for individuals and families. 3) Identify community resources to promote health for clients and self. 4) Implement effective teaching strategies for routine client interactions concerning health promotion. 5) Explain the legal responsibility of the PN in reporting suspected child/elder abuse and /or impaired care providers. 6) Integrate the nursing process in the safe delivery of holistic care for individual clients across the life span and/or within the family unit. 7) Demonstrate the ability to perform complex nursing procedures and holistic interventions with increasing independence and judgment. 8) Consistently demonstrate professional behavior as a member of the health care team and student. 9) Utilize effective communication techniques to assess the perceived balance of health for select individuals and to provide health promotion teaching. 10) Apply the nursing process to provide preventive health service for a population in the community setting

NRS 151 Nursing Management and Transition to Practice

40 theory hours / 4 credit hours

Course Description: This course synthesizes and reviews concepts of nursing practice covered throughout the program. The course emphasizes career competencies necessary for successful transition into the licensed practical nurse role and explores principles of leadership, management, and collaboration. Students will prepare for the NCLEX-PN examination and identify areas for focused review and remediation.

Learning Outcomes: 1) Demonstrate competence to proceed in taking the state licensure examination. 2) Identify key professional and leadership principles for PN's in the current and future health care arenas. 3) Verbalize coping strategies to adjust from the role of student to licensed care provider

PSY 150 General Psychology

30 theory hours / 3 credit hours

Course Description: This course provides a foundational survey of psychology, including research methods, biological bases of behavior, sensation and perception, learning, memory, and cognition. Students will examine motivation, emotion, and social behavior, along with personality theory and psychological disorders. Emphasis is placed on applying psychological principles to client wellness, stress management, and health-promoting behavior across the lifespan. Students will also examine therapeutic approaches used to support psychological well-being within the interdisciplinary care team. This course extends foundational psychological principles with an in-depth study of human growth and development across the lifespan, from conception through death and dying, preparing students to apply developmentally appropriate, client-centered care.

Learning Outcomes: 1) Explain major theoretical perspectives and research methods used within the field of psychology. (PLO 6). 2) Describe the biological, cognitive, and psychosocial factors that influence human behavior across the lifespan. (PLO 1). 3) Identify psychological techniques that support client wellness, stress management, and resilience. (PLO 2). 4) Explain the impact of psychological disorders and chronic or acute illness on client functioning. (PLO 2). 5) Apply principles of social psychology, including the influence of culture and relationships, to client-centered care. (PLO 7). 6) Identify therapeutic approaches used to support psychological well-being within the interdisciplinary care team. (PLO 4). 7) Apply major theories of physical, cognitive, and psychosocial development to differentiate normal and abnormal patterns across specific life stages, from conception through death and dying. (PLO 1, PLO 7).