



Ohio Institute of Allied Health

School of Integrative Healthcare

School Catalog

Addendum

Practical Nursing Diploma Program
(PN) Pre 11.2026



Once you're in healthcare, you're always in demand!

Main Campus: 6245 Old Troy Pike, Huber Heights, Ohio 45424
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GENERAL PROGRAM INFORMATION

GENERAL PROGRAM INFORMATION

Program Name :	Practical Nursing Diploma (PN)
Credential Awarded :	Diploma
Program Length :	12 months (44 weeks instructional length)
Delivery Format :	On Campus

MISSION STATEMENT

We are committed to the promotion of choice in healthcare for all individuals and in serving as a bridge between holistic and traditional healing philosophies. This is achieved by providing quality education programs.

INSTITUTIONAL VISION

1. Introduce holistic health, allied health, and nursing therapies to individuals with a personal and/or professional interest and expand the competence levels among holistic practitioners.
2. Offer a variety of programs representing the most recent and authoritative interests in the fields of holistic and traditional medicine.
3. Develop high competence levels in student performance by promoting the establishment of professional standards.
4. Perform research and development activities pertaining to newly introduced theories and techniques to expand awareness and learning opportunities for the student body.
5. Participate in promoting the acceptance of holistic practices as distinct and separate disciplines that are complementary to medical therapies.
6. Provide an environment reflecting and appreciation and understanding of cultural, aesthetic, and human values.

PHILOSOPHICAL FRAMEWORK

Incorporating an interpretation of the abstract system thinking of Martha Rogers, RN, ScD, FAAN and the Science of Unitary Human Beings in tandem with the American Holistic Nurses' Association (AHNA) core values (AHNA, 2004), we believe the presence of self-defined health (healing) exists when there is perceived harmony and balance within the spiritual, biological, psychological, and sociological domains. The scientific nursing process including assessment, problem identification, planning, intervention, and evaluation is simultaneously combined with the art form of therapeutic nurse presence and guidance to promote or restore the dynamic perception of health (healing) within the nurse healer, individual, and community.

The original pictorial model highlights the ecliptic model summation through use of triangles and circular patterns. The innermost triangle is the component of health as a perceived balance within the four human dimensional energy fields (spiritual, biological, psychological, and sociological). These domains interact with the nurse and environment as represented by concurrent circular patterns. The environment is the outermost ring to represent the total encompassment and the inner ring is the nurse who can serve as a buffer between the human and environment. Although not explicit, the model represents the key components of the

traditional nursing meta-paradigm with the respective postulates of Rogerian Theory and Holistic Nursing Core Values. Brief interpretive definitions of traditional meta-paradigm concepts: health, human, environment, and nursing are provided below. Associated key terms, as well as Rogerian and holistic sub-concepts within the meta-paradigm, will follow.

Health – Health is defined as a fluid, individual-defined term for a behavioral or physical state of being. The perception of a “healthy (healing) state” is promoted by nursing through exploration with the client into the spiritual, biological, psychological, and sociological domains. Health patterning describes a process of facilitating unitary well-being by assisting clients with their participation in change. Holistic Nursing Practice systematically reviews and promotes client-specific health (healing) via the human functioning patterns of communicating, valuing, relating, knowing, feeling, moving, perceiving, choosing, and exchanging.

1. **Spiritual Domain** – The spiritual domain is that which gives life meaning and purpose and, thus, power. Spirituality is not a byproduct associated with religion, but a manifestation of homeodynamic principles, including integrality - interconnectedness of individuals and/or communities that provide a process for change, helicy - nature of change, and resonancy - how change takes place (valuing and relating patterns).
2. **Biological Domain** – The biological domain is the physical or bodily functions of life, including patterns of human functioning (fluid/gas exchange, movement, communicating, and knowing patterns).
3. **Psychological Domain** – The psychological domain includes the mental and emotional components of life and change (perceiving, choosing, feeling, and relating patterns).
4. **Sociological Domain** – The sociological domain includes aspects of the human and environmental domains that have direct or indirect effects on health (healing) and/or change within an individual.

Human – A human is defined as a four-dimensional energy field (with spiritual, biological, psychological, and sociological domains) identified by pattern and manifesting characteristics and behaviors that are different from those parts and which cannot be predicted from knowledge of the parts. To care for the human is to care for the whole of the parts. The human experience and sense of balance (health/healing) is filtered through the mind (psychological), body (biological), and spirit connection and is anchored in the social (sociological) setting.

Environment – An environment consists of the totality of patterns external to the human individual. Both the individual and the environment are open systems that interact and impact each other continuously. Energy (indivisible and irreducible basic units), pandimensionality (reality in which time and space are non-linear), and openness (diversity and freedom to participate in change) exist within the environment and impact the fluid perception of health within the individual. Following the Rogerian principles of homeodynamics (change is persistent and ever-present), we believe that life and health/healing perceptions are fluid and ever-changing within the context of the environment. The nurse assists and empowers the client to adapt to the changing environment in an effort to maintain perceived balance of the mind-body-spirit-social connection. Respect is essential to therapeutic nurse-client relationship and incorporates notions of cultural diversity, harmonious dwelling, and self-actualization.

Nurse – A nurse is defined as a facilitator of healing energy delivered to the client via nursing interventions of patterning (assisting clients to recognize one's own power related to health, wellness, disease, or illness which may or may not facilitate well-being), presence (therapeutic use of self in being with the client or working in collaboration with the client rather than doing for the client), and exploration (creative or scientific testing) of imbalance. Nursing is an art and a science requiring an intuitive ability to titrate the needed balance to provide a sense of caring to the individual. The Holistic Caring Process is a circular process that involves six steps that may occur simultaneously. These parts are assessment, patterns/problems/needs, outcomes, therapeutic care plan, implementation, and evaluation. Patterns/problems/needs are further delineated as a client's actual or potential life processes related to health, wellness, disease, or illness that may or may not facilitate the perception of balance. The holistic human functioning patterns recognized in our framework are communicating, valuing, relating, knowing, feeling, moving, perceiving, choosing, exchanging, protection, and maintenance. Refer to the translational table to follow for further clarification and relationship to traditional nursing references.

REGISTERED NURSING PROGRAM LEARNING OUTCOMES

1. Utilize the holistic nursing process approach in providing safe, practical nursing care to client's biological, psychological, spiritual, and sociological needs.
2. Provide practical nursing interventions that integrate the science of traditional modalities with the uniqueness of alternative energy healing therapies.
3. Demonstrate safe clinical practice and critical thinking skills to promote health of clients across the life span.
4. Promote a practice environment of respect and harmony by consistent display of professionalism in interactions and communication skills with clients, peers, and members of the interdisciplinary team.
5. Demonstrate knowledge of computer technology and informational literacy appropriate for the entry level health care professional.
6. Complete requirements for application for licensure by the Ohio Board of Nursing and/or other appropriate certifying entity including successful demonstration of readiness for NCLEX testing.



CURRICULUM INFORMATION

COURSE SEQUENCING

Course		Prerequisites	Credit Hours	Theory/Lab/Clinical Hours
1 st Quarter				
ALH 150	Allied Health Study Skills (5 Weeks)	Program Admission	.5	5 Theory
ALH 140	Allied Health Nutrition (5 Weeks)	Program Admission	.5	5 Theory
BIO 140	Integrated Body Science	Program Admission	4	30 Theory/20 Lab
NRS 100	Medical Terminology/Charting	Program Admission	1.5	15 Theory
NRS 101	Practical Nursing Foundations	Program Admission	4	30 Theory/20 Lab
NRS 110	Math for Nursing Medication Administration	Program Admission	3	30 Theory
NRS 111	Nursing Pharmacology	Program Admission	3.5	25 Theory/20 Lab
2 nd Quarter				
ALH 130	Allied Health Informatics	Program Admission	1	10 Theory
HOL 101	Holistic Foundations Historical Survey	Program Admission	2	20 Theory
BIO 175	Holistic Human Functioning	BIO 140	4	30 Theory/20 Lab
HOL 120	Therapeutic Herbology	NRS 101	1	10 Theory
COM 110	Therapeutic Communication	Program Admission	3	30 Theory
NRS 102	Integrative Nursing I	ALH 140, ALH 150, BIO 140, NRS 100, NRS 101, NRS 110, NRS 111	6	30 Theory/20 Lab/60 Clinical
3 rd Quarter				
NRS 106	Legal and Ethical Practice	Program Admission	3	30 Theory
HOL 102	Holistic Interventions	HOL 101	2	20 Theory
NRS 103	Integrative Nursing II	NRS 101, NRS 102	8	30 Theory/150 Clinical
NRS 112	IV Therapy Competency	NRS 101, NRS 102	1	5 Theory/3 Lab/12 Clinical
4 th Quarter				
PSY 100	Developmental Psychology	Program Admission	3	30 Theory
NRS 104	Lifespan Nursing	NRS 101, NRS 102, NRS 103	7	30 Theory/20 Lab/100 Clinical
NRS 109	Practice Transitions	NRS 101, NRS 102, NRS 103	2	20 Theory
Total Credit Hours and Theory/Lab/Clinical Hours			60	435 Theory/123 Lab/322 Clinical

COURSE DESCRIPTIONS

ALH 130 Allied Health Informatics

10 theory hours / 1 credit hour

Course Description: This course introduces current technology routinely utilized in patient care settings and learning environments. The course discusses charting in the electronic health record and maintenance of client confidentiality. Students will explore potential ethical and legal issues associated with use of technology in health care.

Learning Outcomes: 1. Identify various types of hardware, software, and interface technologies associated with healthcare informatics. 2. Describe technology-based allied health applications in hospitals, community health agencies, education, and research-based activities. 3. Discuss ethical and legal considerations related to proprietary software, data security, information privacy, and confidentiality while providing direct patient care activities. 4. Discuss the importance of lifelong learning as it relates to the challenges of implementing, operating, and upgrading health management information systems.

ALH 140 Allied Health Nutrition

5 theory hours / 0.5 credit hour

Course Description: This course introduces basic nutritional concepts to support safe, effective client care. Students learn how to complete nutritional assessments and encourage healthy eating. Students explore sources of nutrition and diets that support various client populations across the lifespan.

Learning Outcomes: 1. Identify guidelines for healthy eating. 2. List rich dietary sources of a specific nutrient, vitamin, or mineral. 3. Describe health promotion activities to support balanced nutrition. 4. Identify components of a quality nutritional assessment. 5. Identify which client findings indicate a need for dietary alteration. 6. Identify which findings may indicate a need for continued nutritional monitoring. 7. Identify which findings indicate effective dietary management. 8. Recognize nutritional needs across the lifespan. 9. Describe individualized diets and food consistencies. 10. Identify sources of enteral and parenteral nutrition

ALH 150 Allied Health Study Skills

5 theory hours / 0.5 credit hour

Course Description: This course prepares the incoming student for the challenges of healthcare education through the introduction of basic study skills, test-taking strategies, and time management techniques.

Learning Outcomes: 1. Demonstrate utilization of basic study skills. 2. Identify test-taking strategies for various assessment formats. 3. Create a time management plan to support student success.

BIO 140 Integrated Body Science

30 theory hours / 20 lab hours / 4 credit hours

Course Description: This course introduces components of the biological and physiological domains that impact the overall perception of wellness. The course explores principles of biology, microbiology, chemistry, physics, and nutrition. Students will learn laboratory safety and basic scientific techniques.

Learning Outcomes: 1. Describe the human body as an integrated series of sophisticated systems that sustain life as a result of continual balance among internal, environmental, psychological, and spiritual domains. 2. Identify and describe the base components and respective properties of

the organic elements. 3. Identify the core components of the human body at the cellular level necessary to promote and sustain life. 4. Define microbiology and identify elements that promote or inhibit growth of pathogenic microbes and normal flora. 5. Describe the application of the environmental principles impacting the health of individuals and communities. 6. Define nutrition and differentiate between the components of the human diet and implications on health status

BIO 175 Holistic Human Functioning 30 theory hours / 20 lab hours / 4 credit hours

Course Description: This course introduces the structure and function of major human body systems. The course will discuss the relationship of individual body systems to the overall perception of wellness. Students will visualize major anatomical structures and develop an understanding of integrative function.

Learning Outcomes: 1. Use scientific terminology to identify and describe the locations of gross anatomical structures. 2. Describe the interrelationship of each body system to promote homeostasis. 3. Identify causes and effects of homeostatic imbalances.

COM 110 Therapeutic Communication 30 theory hours / 3 credit hours

Course Description: This course outlines the key components of therapeutic communication and explores practical approaches and applications. Students will learn how to utilize the electronic health record to communicate information to clients and the interdisciplinary team. Students will practice basic principles of neuro-linguistic programming.

Learning Outcomes: 1. Demonstrate beginning levels of appropriate therapeutic intrapersonal, interpersonal, and public communication. 2. Describe effective communication approaches/techniques to assist the client to express spiritual, biological, psychological, and sociological needs and expectations. 3. Utilize the concepts and approaches of neuro-linguistic programming to enhance relationships between members of the interdisciplinary healthcare team.

HOL 101 Holistic Foundations: Historical Survey 20 theory hours / 2 credit hours

Course Description: This course focuses on the historical development of integrative approaches to healing and healthcare. Integrative medicine promotes an expanded view of healing by combining both conventional and complementary methods of diagnosis and treatment to enhance the healing process and promote overall wellbeing. The course explores the history of holism and integrative approaches.

Learning Outcomes: 1. Describe the historical development of holistic medicine. 2. Identify holistic approaches and systems for integrative client care. 3. Compare the holistic/integrative approach to meeting healthcare needs with the traditional medical model.

HOL 102 Holistic Interventions 20 theory hours / 2 credit hours

Course Description: This course provides a theoretical overview of holistic interventions. The course explores how integrative nursing practice supports the implementation of holistic modalities in the care of diverse client populations throughout the lifespan.

Learning Outcomes: 1. Describe common holistic interventions used in nursing practice. 2.

Identify indications and contraindications for holistic modalities for various client populations. 3. Explain how exercise and mindful movement interventions are part of an integrative approach to support healing of the whole person - body, mind, spirit, and environment. 4. Identify ways to Ohio Institute of Allied Health 77 enhance the nursing process through holistic ways of thinking and being. 5. Explore holistic interventions that reflect cultural competence.

HOL 120 Therapeutic Herbology

10 theory hours / 1 credit hour

Course Description: This course explores complementary and alternative approaches to promote, maintain, and restore health balance using herbal medicine. Students will learn how to complete a holistic assessment and identify potential indications and contraindications for herbal therapy. Students will explore the possible interactions associated with co-administration of herbal therapies and modern medicines.

Learning Outcomes: 1. State the general guidelines for the safe administration of herbal therapies. 2. Perform a holistic assessment to promote, maintain, and restore health balance. 3. Recognize indications and contraindications for common herbal remedies. 4. Discuss possible interactions associated with co-administration of herbal therapies and modern medicines.

NRS 100 Medical Terminology/Charting

15 theory hours / 1.5 credit hours

Course Description: This course introduces basic medical terminology and the central functions of the electronic health record. Students learn to recognize the parts of medical terms that can assist in identifying meanings and definitions. Students discuss the components of a medical chart and practice introductory charting.

Learning Outcomes: 1. Recognize common medical terminology prefixes and suffixes. 2. Identify medical terms by recognizing root words. 3. List approved abbreviations for common medical terms. 4. Identify the components of a patient health record. 5. Perform accurate charting within the paper and electronic health record.

NRS 101 Practical Nursing Foundations

30 theory hours / 20 lab hours / 4 credit hours

Course Description: This course introduces beginning knowledge and skills that serve as the foundation for a career in nursing. The course implements the holistic human functioning patterns to organize nursing problems and traditional interventions. Students will learn complementary and alternative approaches to support the holistic health and wellness of various client populations. Students will learn and perform basic patient care skills including the collection of objective and subjective data, implementation of nursing interventions, and contribution to the nursing plan of care.

Learning Outcomes: 1. Identify and describe five core values of holistic nursing practice. 2. Verbalize the components of the nursing process and the role of the practical nurse in meeting the spiritual, biological, psychological, and sociological needs of clients. 3. Discuss the contribution of the practical nurse in promoting and maintaining a safe and effective care environment, including coordination of care and injury prevention activities. 4. Explain the scope of practice of the practical nurse within the healthcare environment. 5. Identify basic nursing problems and potential holistic interventions associated with the feeling (comfort), moving (activity and rest), and exchanging (nutrition, elimination, tissue integrity) holistic human

functioning patterns.

NRS 102 Integrative Nursing I

30 theory hours / 20 lab hours / 60 clinical hours / 6 credit hours

Course Description: This course explores chronic health alterations in adult and geriatric populations. The course emphasizes cultural competence and increases awareness of health disparities. Students will practice provision of safe, competent nursing care and perform basic nursing skills.

Learning Outcomes: 1. Identify guiding principles for prioritization, delegation, and decision making by the licensed practical nurse. 2. Explain the role of the licensed practical nurse in systematic observation and data collection to support the nursing assessment. 3. Describe the pathophysiology, etiology, and clinical manifestations of chronic alterations affecting various human body systems. 4. List common treatment approaches utilized to support chronic alterations in adult and geriatric populations. 5. Determine nursing interventions the licensed practical nurse may implement when providing holistic nursing care for common alterations in adult physiological integrity. 6. Verbalize nursing considerations in providing holistic care for diverse client populations. 7. Differentiate between adaptive and maladaptive responses to alterations in the perceived balance of the mind-body-spirit-social connection.

NRS 103 Integrative Nursing II

30 theory hours / 150 clinical hours / 8 credit hours

Course Description: This course explores acute health alterations in adult and geriatric populations. Students will focus on assisting clients to maintain or restore perceived wellness within the mind-body-spirit connection. The course introduces grief, death and dying, palliative support, and postmortem care.

Learning Outcomes: 1. Explain the role of the licensed practical nurse in appropriate prioritization, delegation, and decision-making. 2. Analyze clinical manifestations of disease as evidenced by observation and data collection. 3. Describe the pathophysiology, etiology, and clinical manifestations of acute and emergent alterations affecting various human body systems. 4. List common treatment approaches utilized to support acute and emergent alterations in Ohio Institute of Allied Health 79 adult and geriatric populations. 5. Prioritize nursing interventions for clients experiencing alterations in adult physiological integrity. 6. Describe the importance of cultural competence in nursing care of diverse client populations. 7. Define end-of-life nursing care and describe nursing interventions to promote a peaceful death. 8. Explain the use of the nursing process to identify problems and select holistic interventions for clients experiencing alterations in the mind-body-spirit-social connection to maintain or restore wellness.

NRS 104 Lifespan Nursing

30 theory hours / 20 lab hours / 100 clinical hours / 7 credit hours

Course Description: Overview course designed to familiarize the student with nursing care of the family unit in community and acute care settings. The student will apply concepts of normal growth and development in providing holistic nursing care and planning health promotional teaching interventions. The course features modules on care for the pregnant female, the birthing process, routine newborn care, well childcare, and mental illness in the community issues. The course includes 10 Hrs. of clinical weekly.

Learning Outcomes: 1) Describe the physical, psychological, spiritual and socio-cultural changes that occur throughout the life continuum 2) Identify key interview questions to collect data in the biological, psychological, sociological and spiritual domains to provide holistic nursing care for individuals and families 3) Identify community resources to promote health for clients and self. 4) Implement effective teaching strategies for routine client interactions concerning health promotion 5) Explain the legal responsibility of the PN in reporting suspected child/elder abuse and /or impaired care providers 6) Integrate the nursing process in the safe delivery of holistic care for individual clients across the life span and/or within the family unit 7) Demonstrate the ability to perform complex nursing procedures and holistic interventions with increasing independence and judgment 8) Consistently demonstrate professional behavior as a member of the health care team and student 9) Utilize effective communication techniques to assess the perceived balance of health for select individuals and to provide health promotional teaching 10) Apply the nursing process to provide preventive health service for a population in the community setting

NRS 106 Legal and Ethical Practice

30 theory hours / 3 credit hours

Course Description: This course highlights the legal components and concepts needed for professional practice in the changing health care environment. The role of ethics in judgment and decision making will be reviewed. The importance and implications of consistently positive and professional interactions between and among all health care delivery disciplines will be explored.

Learning Outcomes: 1) Identify and describe ethical principles and potential violations that can occur in the process of providing health care services 2) Define the legal aspects of healthcare provider-client, healthcare provider physician, and healthcare provider-employer relationships 3) Describe the basic components of professional, legal documentation within the medical record. Prerequisite: Admission to Practical Nursing Program.

NRS 109 Practice Transitions

20 theory hours / 2 credit hours

Course Description: Synthesis course to review and link all the previous course work for success on the NCLEX-PN exam. A variety of guest lectures, computer-assisted instruction, and tailored instruction will assist the student to build competence and confidence in his/her future role as a nurse.

Learning Outcomes: 1) Demonstrate competence to proceed in taking the state licensure examination 2) Identify key professional and leadership principles for PN's in the current and future health care arenas 3) Verbalize coping strategies to adjust from the role of student to licensed care provider

NRS 110 Math for Nursing Medication Administration

30 theory hours / 3 credit hours

Course Description: This course identifies and reviews the mathematical principles and computations essential to medication administration. Students will explore practical measures to safely deliver ordered medications to clients across the lifespan.

Learning Outcomes: 1. Articulate the importance of accurate math calculations to the practice of nursing and safe medication administration. 2. Perform basic mathematical computations that

involve fractions, decimals, ratios, proportions, and simple equations. 3. Utilize the metric and household systems of measurement in medication administration. 4. Identify the components of medication labels to accurately determine the name, form, and strength of medications. 5. Determine the safe and therapeutic dose of ordered medications for clients across the lifespan.

NRS 111 Nursing Pharmacology

25 theory hours / 20 lab hours / 3.5 credit hours

Course Description: This course prepares practical nurses to safely deliver ordered medications. The course uses a prototype model to assist the learner with identification of drug class actions, indications, adverse effects, precautions, contraindications, interactions, and nursing considerations.

Learning Outcomes: 1. Demonstrate understanding of pharmacokinetic and pharmacodynamic principles. 2. Identify the actions, indications, adverse effects, precautions, contraindications, and interactions of a prototype from each of the main drug categories. 3. Identify nursing considerations and relevant holistic interventions relevant to major medication classifications.

NRS 112 IV Therapy Competency

5 theory hours / 3 lab hours / 12 clinical hours / 1 credit hour

Course Description: This focused nursing course exploring the concepts central to Intravenous Therapy planning, delivery, and monitoring. The course reviews the Ohio rules and regulations concerning IV therapy administration by licensed practical nurses. The student will have supervised hands-on experience in the classroom, laboratory, and finally the clinical environment to demonstrate mastery. The course includes 15 Hrs. of lab/clinical.

Learning Outcomes: 1) Accurately state the licensure appropriate scope of practice concerning IV therapy with consideration of clinical agency policy 2) Demonstrate the correct procedure for initiating successful IV catheter insertions 3) Identify potential adverse events and the appropriate patient teaching/follow up procedures that must ensue should an adverse event occur 4) Demonstrate competency in calculating ordered IV rates in consideration of safe, therapeutic ranges, the pharmacodynamics of the medication to be delivered and current client condition.

PSY 100 Developmental Psychology

30 theory hours / 3 credit hours

Course Description: Theoretical course to assist the student in differentiating normal and abnormal behaviors and adaptation patterns across the lifespan. The generally recognized growth and development theories will be explored through practical application to teaching learning scenarios. Holistic approaches of theory application in the health care environment will be reviewed.

Learning Outcomes: 1) Identify the major fields of study and theoretical perspectives within psychology and articulate their similarities and differences 2) Apply psychological theories and findings of empirical studies to explanations of human behavior 3) Apply psychological concepts in practice and be able to recognize psychological principles when encountered in everyday life. Prerequisite: Admission to Practical Nursing Program